

# Juggling the Senses Through Painting

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# *Visualized Sensations*

# “Tension Headache”

A tension headache appears as a pressure from all sides, crowding in with a boldness of both color and movement.



# “Fatigue”

The thoughts that float, blend, and fade as I slowly drift off to sleep gently crowd each other and then move on.



# “Wind”

Both the sound and the feeling of wind are an overwhelming onslaught. The sensation is difficult to tolerate. Strong wind slaps me in the face like hundreds of thin strips of cloth.



# “Pins and Needles”

I awoke to a very tingly arm that had fallen asleep, and this is exactly how it looked – broad swathes of hot pink dotted with intense black spots.



# “Intense Massage Pain”

Muscle pain appears as some of my least favorite colors. In the middle of a painful massage, I see bold orange, yellow, red, grey and army green. The designs they form are sharp and chaotic.



# *Tasting Colors:*

On occasion, one color will stand out in my mind, asserting its “taste.” The feeling is akin to craving a certain food or flavor.

“Purple”



“Blue”



# “Sour”

The strong flares of deep magenta and yellow in the next painting bring to mind Starburst candy. Imagine sucking on a lemon. I can feel that same feeling in my cheeks when I look at these colors.



*Atmospheres  
and  
Impressions*

“Excitement in the Room I”



“Excitement in the Room II”



“Tension in the Room”



“Chaos in the Room”



Liminality:

*Where does our synesthesia exist?*

Featured article:

<https://tangibleterritory.art/journal/issue-9/synesthesia-between-reality-and-alternate-reality/>

Questions?

# Thank You!

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